

REMEMBER

None of the clinical outcomes have been altered in any way



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6 month



GOALS OF TREATMENT

Prevent / resolve apical periodontitis by:

Removal of all organic substrate from the canal system

Prevention of re-infection

obtr8 ADVANCING ENDODONT

Schilder, Dent Clin Nor Am 1974

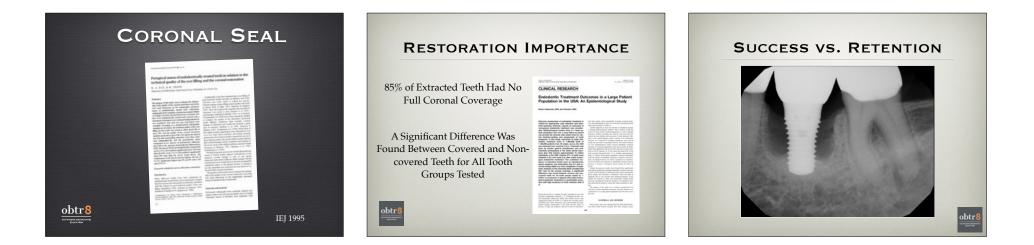




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GOALS OF ROOT CANAL TREATMENT





ROOT CANAL SUCCESS

Salehrabi R, Rotstein I. J Endod 2004;30:846-50. **1.4 MILLION, 8 YEAR, 97%** SURVIVAL

Chen SC, Chueh LH, Hsiao CK, et al. J Endod 2007;33:226-9. **1.5 MILLION, 5 YEAR, 93% SURVIVAL**

Lazarski MP, Walker WA 3rd, Flores CM, et al. J Endod 2001;27:791-6. 44 THOUSAND, 3.5 YEARS, 94% SURVIVAL

CONDITIONS THAT SIGNIFICANTLY IMPROVE SURVIVAL

A Crown Restoration After RCT

Having Both Proximal Contacts

Not Functioning as an Abutment for Removable or Fixed Prosthesis

> Tooth Type or Specifically Non-molar Teeth

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ROOT CANAL SUCCESS

Restored endodontically treated teeth and singletooth implant restorations have similar failure rates

implant group: longer average time to function higher incidence of postoperative complication requiring subsequent treatment intervention

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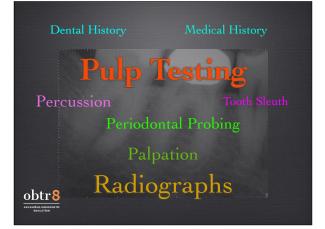


ENDODONTIC PROCEDURE

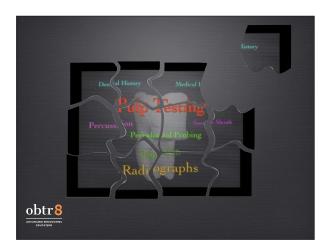
Diagnosis / Case Selection	
Anesthesia	
Rubber Dam	
Access	
Glide Path	
Working Length	
Instrumentation	
Irrigation	
Obturation	
Restoration	
Post Operative Care	obtr

ENDODONTIC PROCEDURE

Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration Post Operative Care





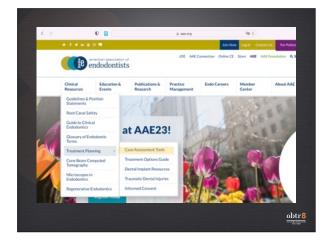


DIAGNOSIS

PULPAL AND PERIAPICAL

PRE OP AND POST OP















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CBCT

CBVT imaging provides additional information when compared with preoperative periapical radiographs, which may lead to treatment plan modifications in approximately 62% of the cases

J Endod 2014;40:910–916.

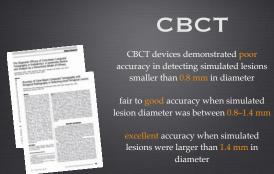
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CBCT

CBCT is accurate in detecting apical periodontitis

Estrela C, Bueno MR, Leles CR, Azevedo B, Azevedo JR. Accuracy of cone beam computed tomography and panoramic and periapical radiography for detection of apical periodontitis. J Endod 2008 Mar;34(3):273-9.

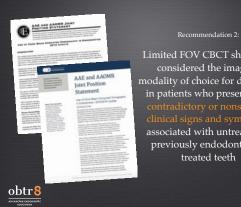
De Paula-Silva FW, Wu MK, Leonardo MR, da Silva LA, Wesselink PR. Accuracy of periapical radiography and cone-beam computed tomography scans in diagnosing apical periodontitis using histopathological findings as a gold standard. J Endod 2009 Jul;35(7):1009-12.



Tsai P, Torabinejad M, Rice D, Azevedo B. Accuracy of cone-beam

obtr8 computed tomography and periapical radiography in detecting small periapical lesions. J Endod 2012 Jul;38(7):965-70. ADVANCINS ENDODONT





Limited FOV CBCT should be considered the imaging modality of choice for diagnosis in patients who present with contradictory or nonspecific clinical signs and symptoms associated with untreated or previously endodontically treated teeth



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Recommendation 3:

Limited FOV CBCT should be considered the imaging modality of choice for initial treatment of teeth with the uspected complex morphology, such as mandibular anterior teeth, and maxillary and mandibular premolars and molars, and dental anomalies.

CBCT TRAUMA



CBCT TRAUMA





CBCT & DIAGNOSIS

A moderately deep CNN trained on a limited amount of image data showed satisfying discriminatory ability to detect ALs on **panoramic** radiographs

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J Endod 2019;45:917–922.





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VANCING ENDODOR EDUCATION 24 - 93 % of scans had incidental findings

1.3 - 2.9 incidental

findings per CBCT

Edwards R, Altalibi M, Flores-Mir C. The frequency and nature of incidental findings in cone-beam computed tomographic scans of the head and neck region: a systematic review. J Am Dent Assoc 2013 Feb;144(2):161-70.

RADIOLOGY LIMITATIONS



"interpreting the lamina dura continuity, shape and density, and the periodontal ligament width and shape proved to be the best radiographic features"

Kaffe J, Gratt BM. Variations in the radiographic interpretation of the periapical dental region. J Endod 1988 Jul;14(7):330-5.

CBCT LIMITATIONS



PDL spaces of healthy teeth demonstrated significant variation when examined by CBCT

Pope O, Sathorn C, Parashos P. A comparative investigation of cone-beam computed tomography and periapical radiography in the diagnosis of a healthy periapex. J Endod 2014 Mar;40(3):360-5.

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CBCT LIMITATIONS



CBCT LIMITATIONS



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Clinicians' experience level appears to be correlated with their ability to correctly diagnose periapical disease in CBCT volumes

Parker JM, Mol A, Rivera EM, Tawil PZ. Cone-beam Computed Tomography Uses in Clinical Endodontics: Observer Variability in Detecting Periapical Lesions. J Endod 2017 Feb;43(2):184-187.

LIMITATIONS

Contrast resolution -ability to differentiate between two objects of different density example: dentin vs osteodentin in resorptions

Spatial resolution - ability to detect two structures close together as separate

example: inability to detect incomplete vertical root fractures

LIMITATIONS

Unsharpness -

Movement

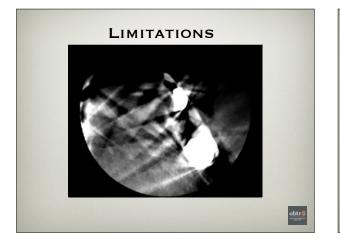
- scan times of 5 - 40 seconds

LIMITATIONS

Beam Hardening Artifact -

Xray Beam has photons of different energies

Amalgam will cause a heavily filtered area and streaks





"pressure and cold sensitivity from the tooth second from back"



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36 year old Female

- # 19 slow to respond, but then a lingering ache
- # 19 sensitive to percussion









"I have no pain, but my dentist told me I need a root canal"

52 year old Female

30 NR to thermal testing 30 + percussion

























CRACKS & SPLIT TEETH

Definition: Crack that incompletely separates the crown into two parts

Propagation will result into a split tooth



CRACKS & SPLIT TEETH

Clinical Findings: (early)

Variable Restorative History Vital Pulp (pulpitis ?) Inability To Chew Referred Pain Radiographs Normal Percussion ? / Tooth Sleuth

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CRACKS & SPLIT TEETH

Clinical Findings: (late)

Pulp Involvement Biting symptoms may decrease with loss of pulp vitality

Apical Radiolucency





CRACKS & SPLIT TEETH

245 restored teeth

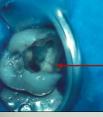
23.3% had preop cracks

60% had visible cracks following removal of restoration

PV Abbott: Assessing restored teeth with pulp and periapical diseases for the presence of cracks, caries and marginal breakdown. Aust Dent J. 49:33 2004



CRACKS & SPLIT TEETH



Treatment Split Tooth:

EXTRACTION













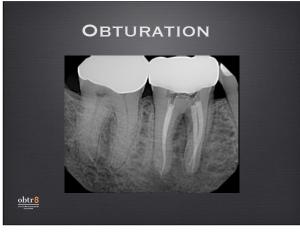






CALCIUM HYDROXIDE









CALCIUM HYDROXIDE



CONCLUSIONS



Predict Future

Preserve Maximum Tooth Structure

COMMUNICATE & DOCUMENT !

ENDODONTIC PROCEDURE



ANESTHESIA

• Lidocaine 2% – 1:100k epi, 1:50k epi formulations

• Articaine 4%

– 1:100k epi, 1:200k epi formulations

• Priolocaine 4%

 Plain or 1:200k epi formulation (Citanest Plain and Citanest Forte) – Less potent and toxic that lidocaine
 Intermediate duration of 40-60 minutes in plain formulation

• Bupivicaine 0.5% w:1:200k epi

- Mepivicaine
- 2% 1:20k levonordefrin or 3% plain
 Plain is considered short acting (maybe not for IANB!)

ANESTHESIA

• Lidocaine 2% – 1:100k epi, 1:50k epi formulations

• Articaine 4% – 1:100k epi, 1:200k epi formulations

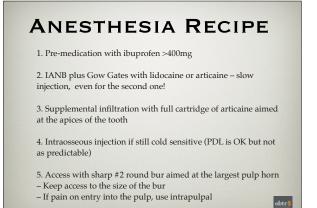
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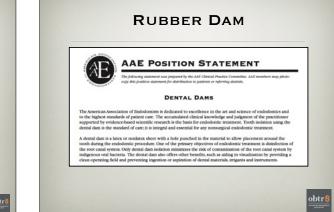
Mepivicaine

- 2% 1:20k levonordefrin or 3% plain
- Plain is considered short acting (maybe not for IANB!)

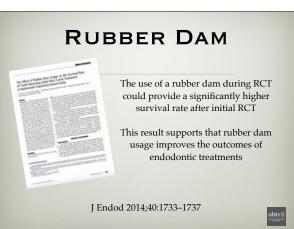


Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration Post Operative Care

ENDODONTIC PROCEDURE









ENDODONTIC PROCEDURE

Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration Post Operative Care

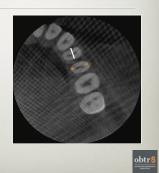






ACCESS CONSIDERATIONS

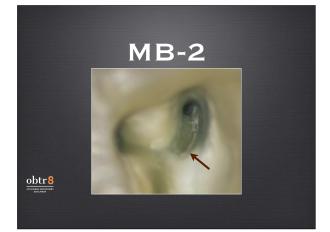
- Floor of chamber is in center of tooth at level of CEJ
- Walls of chamber are concentric to external surface of tooth at CEJ
- Distance from external surface of the clinical crown to the wall of the chamber is the same throughout the circumference of the tooth at the CEJ

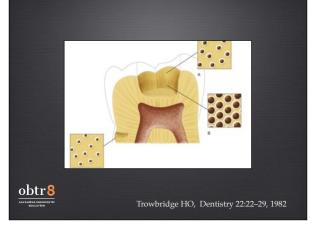


ACCESS CONSIDERATIONS

- Canal orifice is equidistant from a line drawn in a MD direction through the center of the pulp (not for Mx molars)
- Chamber floor is darker (different color than wall)
- Orifice is at junction of wall and floor









DENTIN INFECTION

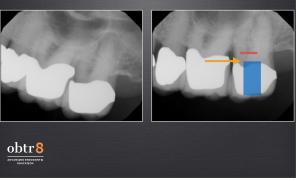
Bacterial infection of the cervical and midroot areas was similar, characterized as a heavy infection with bacteria penetrating as deep as 200 um

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REVIEW

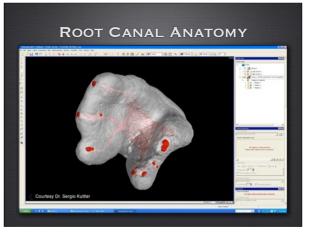








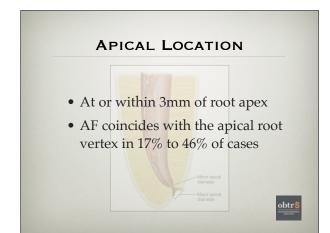


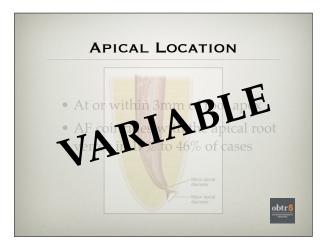




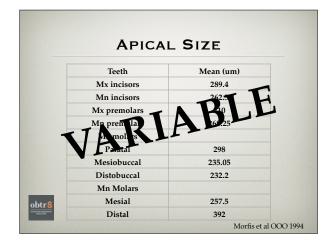








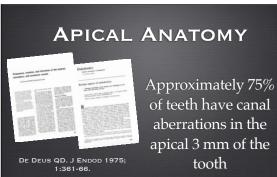
	Apical	SIZE	
	Teeth	Mean (um)	1
	Mx incisors	289.4	
	Mn incisors	262.5	
	Mx premolars	210	
	Mn premolars	268.25	
	Mx molars		
	Palatal	298	
	Mesiobuccal	235.05	
	Distobuccal	232.2	
	Mn Molars		
obtr8	Mesial	257.5	
	Distal	392	
		Morfis et a	1 000 1994



APICAL ANATOMY

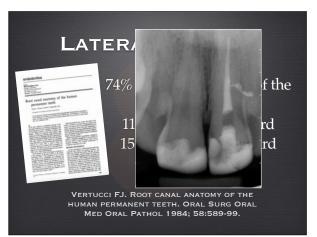
Close relationship between the anatomic complexity of the root canal system and the persistence of periradicular pathosis

WADA M, TAKASE T, ET AL. CLINICAL STUDY OF REFRACTORY APICAL OF RESECTED APEX. INT ENDOD J 1998; 31:53-56.



SELTZER S, SOLTANOFF W, BENDER IB, ZIONTZ M. ORAL SURG ORAL MED ORAL PATHOL 1966: 22:375-85.

of teeth have canal aberrations in the apical 3 mm of the







ENDODONTIC PROCEDURE



Glide path preparation:

- 1. reduces the risk of debris extrusion
- 2. no influence on the incidence of dentinal crack formation
- 3. improves the preservation of the original canal anatomy

Preflaring increases the accuracy of working length determination



J Endod 2020;46:707-729



J Endod 2012

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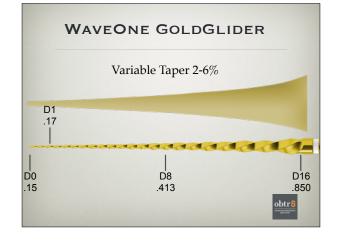


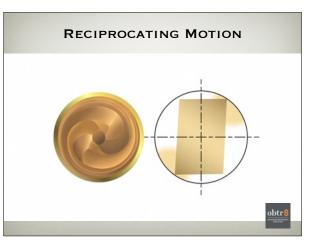


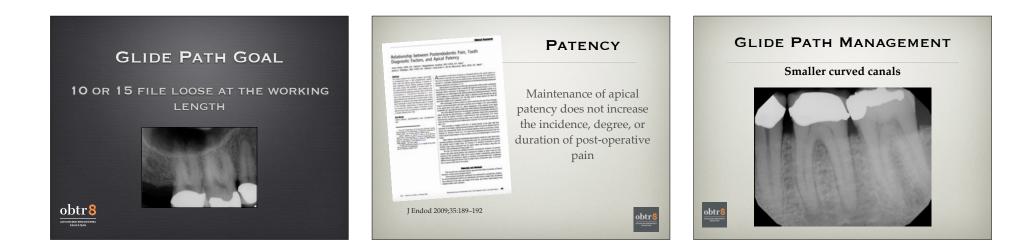
Size (Tip/Taper)	Cutting Length	Tapered Length	Parallel Flutes 00 Taper Length	Maximum Fluted Diameter	Handle Color (Tip Size)	Stopper Color (Taper)	Taper Lines
20/.08	12 mm	9.0 mm	3.0 mm	0.92 mm	Yellow	Blue	4
25/.08	12 mm	9.3 mm	2.7 mm	0.99 mm	Red	Blue	4
25/.10	12 mm	9.4 mm	2.6 mm	1.19 mm	Red	Yellow	5
25/.12	12 mm	7.9 mm	4.1 mm	1.19 mm	Red	Black	6
30/.12	12 mm	8.0 mm	4.0 mm	1.26 mm	Blue	Black	6
40/.10	12 mm	7.9 mm	4.1 mm	1.19 mm	Black	Yellow	5











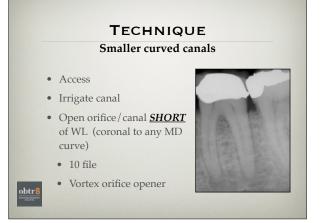
GLIDE PATH MANAGEMENT

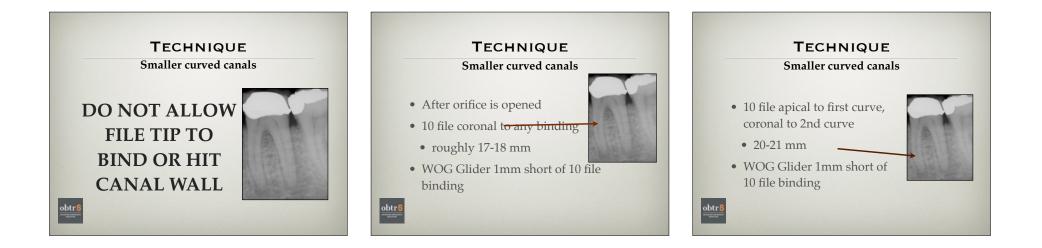


GLIDE PATH MANAGEMENT Smaller curved canals • Estimate working length Straight Line Access Orifice Opening

• Instrumentation







TECHNIQUE

Smaller curved canals

- 10 file apical to est WL (23mm)
- Determine WL (EAL +/or Xray)
 - If not at WL continue to work down canal without binding file tip
- WOG Glider @ working length

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IF 10 FILE NOT ADVANCING

- Open to Final Shape,
- (.5 mm short of depth of WaveOne Glider)
- Pre-Bend 10 File
- Smaller file (I don't do this)
- Push 10 File and Engage Tip (I try to never do this)



TECHNIQUE REVIEW

- 10 file into canal (past dentin triangle)
- Orifice open (Vortex orifice opener 20/08, 16mm)
- 10 file tap to resistance (or est WL)
- WaveOne Glider @ 1 mm short of 10 file (or at WL)
- If not at estimated WL repeat sequence of 10 file and WaveOne Glider until estimated WL
- Final instrumentation









The data presented in the evaluated studies support the use of apex locators for WL measurements

J Endod 2015;41:1818–1823

EAL CONSIDERATIONS

- Restorations
- Canal Moisture
- Pulpal Status
- File Size
- Apical size
- Perforation/fractures
- Connections (x4)



ENDODONTIC PROCEDURE















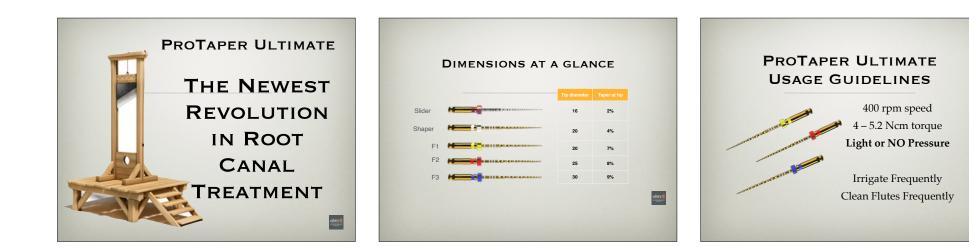








- Several passes will be required to achieve WL
- Rinse and patency file between each WaveOne[™] gold cycle



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ENDODONTIC PROCEDURE

Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration Post Operative Care







GOALS OF TREATMENT

Safely deliver irrigant to within 2-3 mm of the working length

Preserve the natural anatomy of the tooth

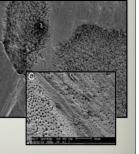
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GOALS OF IRRIGATION

Debride canal Dissolve tissue Remove smear layer Kill microbes

SEMs of smear layer partially covering instrumented sections of canal walls (Dr. Franklin Tay)



GOALS OF ROOT CANAL TREATMENT

"...all instrumentation techniques left 35%

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or more of the canal's surface

area unchanged-

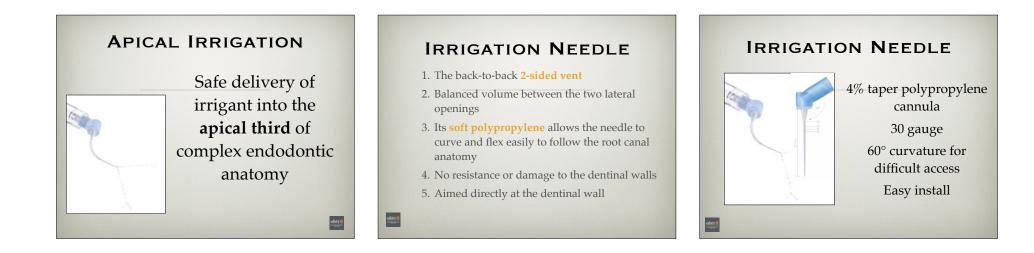
Peters OA, et al. Effects of four Ni-Ti preparation techniques on root canal geometry assessed by micro-

computed tomography. International Endodontic Journal 2001; 34(3):221-30



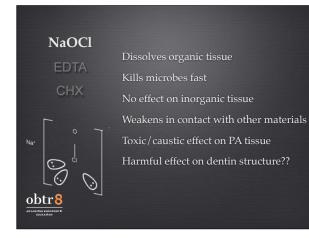
DEEP/SAFE IRRIGATION







CURRENT IRRIGATION SOLUTIONS AND PROTOCOLS





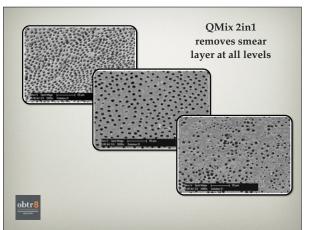


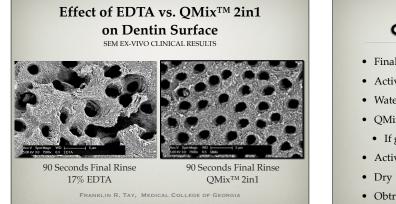


QMIX AND BACTERIA

QMix and NaOCl were superior to CHX and MTAD in killing E. faecalis and plaque bacteria in planktonic and biofilm culture

Ability to remove smear layer by QMix was comparable to EDTA



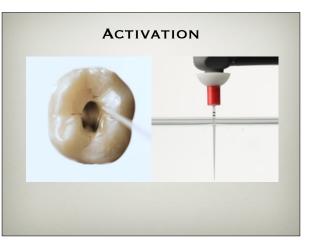




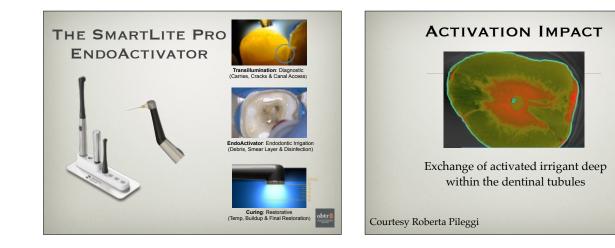












ACTIVATION

EndoActivator provided better obturation of lateral and accessory canals and resulted in less remaining debris

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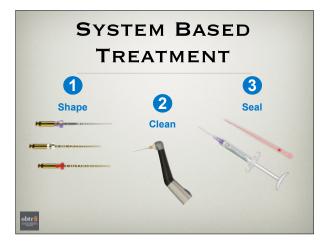
Qualitative Analysis of Ultrasonic vs. Sonic Endodontic Systems on Canal Cleanliness and Obturation, Oral Surg, Oral Med, Oral Pathol, Oral Radio, J Endod 112:6, pp. 809-813, 2011

ACTIVATION Root canal cleanliness benefits from solutions activation in comparison

with no activation during

ENDODONTIC PROCEDURE

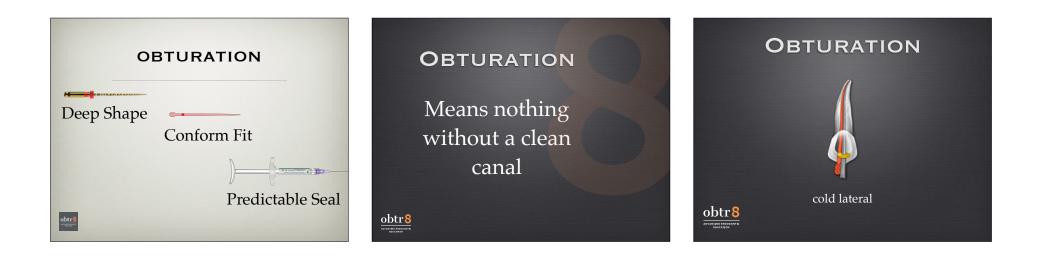
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the final irrigation

regimen



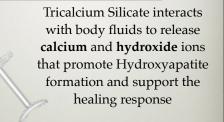
warm vertical







CALCIUM SILICATE-BASED SEALERS















Injection Molded Tolerance +/- 0.02 Multi-tapered cone/ Flat End Extended Heat Wave >6mm

GUTTASMART



 Cone Fit should be tight and to within .5 mm of WL
 Prefit pluggers and heat source 3. Sear @ orifice first
 Downpack to within 5 mm of WL
 Pack along sidewalls to prevent mounding of GP
 Heat apical plug prior to placing final fill
 Fill in stages depending on taper and size of canal 8. Add sealer as needed





WHY GUTTACORE®

• Gutta-percha

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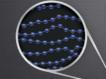
- Promote improved shaping, irrigation and shape verification
- Easy to create post space and retreat
- Take the most scientifically researched filling technique and make it better
- Solve the problem of gutta-percha melting when heated

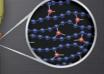
WHY GUTTACORE®

- Gutta-percha
 REQUIRES in proved shaping, irrigated and shape verification
- Easy to reate pest space and retreat
- Take the most scientifically rest arched fining technique and make j better
- Solve the problem of gutt -percha melting when heated

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GuttaCore[®] Crosslinking



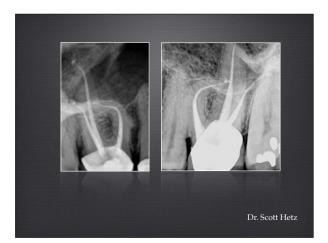


Crosslinkers bond the molecular structure of gutta-percha together, keeping it from melting when heated

Crosslinkers bond to the gutta-percha to provide subtle strength and flexibility















ENDODONTIC PROCEDURE

Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration Post Operative Care

BULK FILL WITH SDR

Self-Leveling Applied in Increments Up to 4mm Light Cured (20 sec) Must Place Composite Cap

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ENDODONTIC PROCEDURE

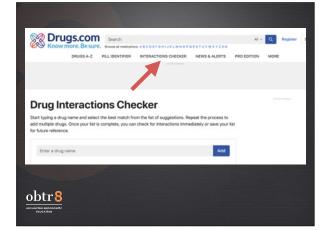
Diagnosis / Case Selection Anesthesia Rubber Dam Access Glide Path Working Length Instrumentation Irrigation Obturation Restoration **Post Operative Care**

PRETREATMENT

NSAIDS +/or Acetaminophen

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ANTIBIOTIC NOT INDICATED

Symptomatic Irreversible Pulpitis Symptomatic Apical Periodontitis Necrotic Pulps with Radiolucency Chronic Apical Abscess Acute Apical Abscess in Immunocompetent Patients -when treatment is an option Localized Swelling

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ANTIBIOTICS

Amoxicillin is THE first-choice drug Alternative agents: azithromycin, clindamycin

Antibiotic resistance increasing - but limited in dentistry

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EVIDENCE indicates that Pen VK and Clarithromycin are no longer on the short list

CHOICES			
DRUG OF CHOICE	INITIAL DOSE	ADULT MAINTENANCE DOSE	
Amoxicillin w/ clavulanic acid	1000 mg 1000 mg	500 mg q8 h 3-7 days 500/125 mg q8h 7 days	
Penicillin VK	1000 mg	500 mg q4-6 h 3-7 days	
Azithromycin "Penicillin allergy w/ hx of hives, anpioedema, or anaphylaxis	500 mg	250 mg q24h (5 days including loading dose)	
Cephalosporins (Cephalexin) "Penicilin allergy w/o hx of hives, angioedema, or anaphylaxis	1000 mg	500 mg q6h 3-7 days	
Clindamycin "Penicillin allergy w/ hx of hives, angioedema, or anaphylaxis	600 mg	300 mg q6 h 3-7 days	
Metronidazole "Complement antibiotic	1000 mg	500 mg q8h 5-7 days	
Erythromycin ***Nistorical Antibiotic	500 mg	250 mg q4-6h 7-10 days	
Ciprofloxacin	500 mg	250-500 mg g6h x 7-10 days	

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